

# The Parish Church of S. Helen, West Auckland

Our mission is to love, serve and worship Our Lord Jesus Christ

**Sunday 22nd October 2023 Twenty-Ninth Sunday in Ordinary Time**

9.00am Morning Prayer

**10.00am SOLEMN MASS**

10.00am Sunday Club 11.00am

Coffee Hour

*Welcome to any visitors who have joined us this morning. You are most welcome, please relax and simply join in the service where you can. To everyone here today please remember for some people who come along on Sunday it is the only chance of some quiet time before Mass, for others it is the only time they see people for a chat. One of the great positive things about S. Helen's is that we are good at giving time for prayer and preparation for Mass before it starts by keeping silence and that we meet for coffee and a chat afterwards. I think you would all agree that it is not good if our chatter interrupts people's prayer time. Before Mass we listen to God; during Mass we speak with God; after Mass we speak with God's people.*

**Parish Pilgrimage to Walsingham** was enjoyed by all and the date for next year is Friday 30<sup>th</sup> August to Monday 2<sup>nd</sup> September. We will be opening a savings club. Please see Pat. Costings are not yet available

**Wednesday 1<sup>st</sup> November All Saints – Sung festival Mass at 10.00 followed by Lunch in the Ark £7.50** – this is a new venture as some do not like coming to events in the evening, we are experimenting with different options, we will be serving a two course lunch, normal bar drinks plus tea and coffee. There will be a short music recital after Coffee in Church so we can set the Ark up for lunch.

**Thursday 2<sup>nd</sup> November All Souls, Solemn Requiem Mass at 10.00 and 7.00.** Please add the names of those you would like remembered by name to one of the lists available this morning and indicate which Mass you will be attending for the names to be read at the correct service.

**Friday 24<sup>th</sup> November is the Curry Night** in the Ark at 7.00pm for those who bought places at the Auction

**Jolly Tots** Every Tuesday in the Centre from 11.30am – A free lunch is provided.

**Busy Bees** Thursday 11.30am in the Centre. A free lunch is provided.

**The Lunch Club and Cyber Cafe** is open on Wednesday for light lunches.

**The Computer course** – Monday 23<sup>rd</sup> October in the Ark

Thanks to those who ran the Quiz on Friday, date for the next Quiz Night is Friday 17<sup>th</sup> November in the Ark 7.00

**Messy Church Saturday 18<sup>th</sup> November in the Ark 11.30**

**Angels** – we would like to once again flood the Parish with angels so can you please start knitting or crocheting again patterns are available in church or from Emma

**Since Covid a few things have not returned to normal.** Please do feel free to go and light a candle before or after Mass as a sign of intercession for yourself or someone else. If you have no cash or change just use your card and tap £5. This will cover you for a month or two!]

**We sign ourselves with holy water while making the sign of the cross as we enter church to remind us of our baptism.** This is to the right of the main door and is an ancient and good tradition of the Church.

**Communion**-please consume the wafer in front of the priest when receiving the Host (bread at communion which becomes the Body of Christ) many thanks.

**Collections during Mass**-please use the plate by the door or the tap and go machine to give by card. Thank you for your support.

*Safeguarding: The parish is committed to safeguarding and promoting the welfare of children and vulnerable adults and expects all staff and volunteers to share this commitment. Safeguarding Officer Mrs Dianne Chew.*

*Items for the Pew Sheet to Fr McTeer by Tuesday evening by email [fr.r.mcteer@btinternet.com](mailto:fr.r.mcteer@btinternet.com)*